

Learning Disability Extra Care

Alternative
Futures
Group 

A long-term, person centred approach for individuals to maintain their independence while having access to 24/7 care and support services within their own home.



Our Service Model

Our Extra Care flat scheme model is an alternative to traditional supported living, designed to foster independence, dignity and control.

Each person has their own self-contained flat with a private front door, with trained staff available on-site 24/7 to provide support with personal care, medication management and emergency response when required.

We offer a personalised, strength-based approach that focuses on each individual's positive attributes, resources and capabilities, empowering them to achieve their life goals.

Our needs-led support adapts as circumstances change and can be provided in the privacy of the individual's flat, or to enable active participation in the community.

The environment

Each flat is carefully designed to provide a home tailored to individual needs, featuring:

- A **living room, kitchen, bedroom** and **bathroom** for independent living
- **Adaptations** available to accommodate personal requirements
- **Shared indoor and outdoor areas to facilitate social interaction** and reduce isolation, offering opportunities for residents to participate in activities with others and build a sense of community
- **Convenient locations** close to **public transport** and local **amenities**
- **Secure building** with access control and on-site staff to ensure safety

We support people to maintain a home of their own, with each flat being a space that individuals can personalise and feel safe in.



Eligibility & referrals

We will typically prioritise referrals from the local authority of the scheme location, but we do also welcome referrals from neighbouring local authorities, direct payors and individuals funded by health services.

The offer is for adults aged 18 or over with learning disabilities, autism, acquired brain injury and / or physical disabilities.

People have their own tenancy agreement and are responsible for their own bills and cost of living, which our dedicated money management team can provide support with if required.

We offer flexible support with opportunities across the Northwest.



How we add value

As well as planned support, we can provide unplanned care when needed and respond quickly to changing needs and emergencies.



Person-centred planning

We focus on what each individual can do, co-creating a plan that encourages positive risk-taking and personal growth.

We build trust by forming strong, supportive relationships that empower individuals and we work closely with families, support teams and professionals to ensure continuous improvement.



Maximising independence

We explore how technology and active support can enhance everyday life.



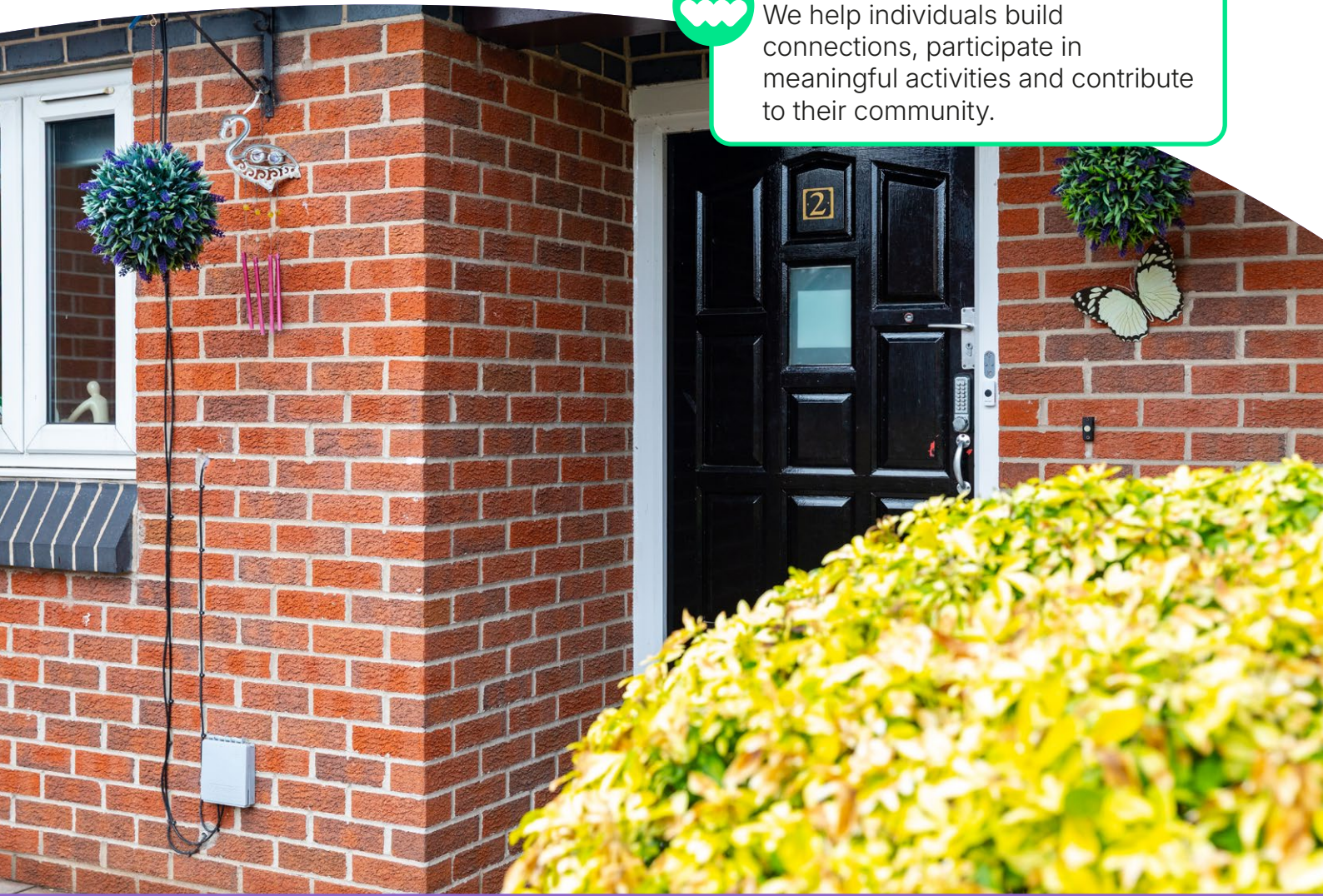
Financial support

We provide guidance on budgeting, managing utility bills and making informed financial decisions.



Community inclusion

We help individuals build connections, participate in meaningful activities and contribute to their community.



Meet our team

Our team is made up of compassionate Support Workers, experienced in delivering personalised, outcome-focused support.

Support Workers are led by a Team Leader who manage the delivery of commissioned support and oversees the day-to-day running of the scheme.

Our team also includes a Housing Relationship Manager who support

individuals in maintaining their tenancy and assist the team with housing related issues.

We are empathetic and dedicated, ensuring every individual is supported with dignity and respect.





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Make a referral

Interested in making a referral or seeing our services in action? Our Business Development Team are here to help.

Get in touch at
businessdevelopment@afgroup.org.uk
to learn more.

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