

# Learning Disability Specialist Adult Care Home

Alternative  
Futures  
Group 

Accommodation and person-centred support for adults with learning disabilities and/or autism, including those with physical disabilities and behaviours that challenge, which place them at risk of exclusion from the community.



# Our Service Model

Our Specialist Adult Care Home model provides accommodation, person-centred care and support to adults with learning disabilities and/or autistic spectrum disorder who may also have physical disabilities.

Our innovative care homes offer a least-restrictive, person-centred alternative for adults who, because of their complex behaviours and risk profiles, are among the most difficult to place. This includes the discharge of those who may be ready to leave hospital but may not be ready to take on the responsibility of a tenancy agreement.

We support residents to understand and manage their own offending behaviours, using Applied Behaviour Analysis (ABA) to identify the cause and function of behaviour that challenges and Positive Behaviour Support (PBS) to design a range of interventions including proactive and reactive responses, teaching skills and lifestyle changes.

We maintain a safe and therapeutic environment and can provide personal care, medication management and support for health, wellbeing and emotional needs, to enable people to increase their independence, confidence and reach their full potential.



# Naylorsfield & Hartsbourne

## Our Specialist Adult Care Home in Liverpool

Naylorsfield & Hartsbourne are two accessible detached bungalows designed to provide a comfortable and safe environment that bridges the gap between long-term hospital stays and supported living.

Both bungalows are spacious and pleasantly furnished, with access to a wet room and/or a bath. Residents can choose to eat in the main dining room or in the kitchen diner.

Residents can relax in one of two lounges, spend time in the privacy of the enclosed back garden or enjoy the large communal front garden.

Developed with Liverpool City Council and registered with the CQC, the homes are located in a pleasant residential suburb of Liverpool with good access to community resources and transport links.

**Residents can relax in one of two lounges, spend time in the enclosed back garden or enjoy the large communal front garden.**



## Eligibility & referrals

We prioritise referrals from Liverpool City Council, but also welcome referrals from neighbouring local authorities, direct payors and individuals funded by health services.

Residents must be aged 18 or over and be eligible under the Care Act 2014. The weekly care home fee covers accommodation, meals and refreshments, personal care, laundry, cleaning and utility costs as well as access to on-site facilities and activities.

A financial assessment conducted by the local authority will determine whether the resident is required to pay a contribution.



# How we add value

In keeping with the objectives of the NHS Long Term Plan, Naylorsfield and Hartsbourne delivers personalised care in the community that is closer to home and reduces preventable admissions to inpatient services.

The service is a crucial component of the local discharge care pathway and supports NHS Cheshire and Merseyside Integrated Care Board (ICB) in its effort to achieve its NHS England target inpatient figure.



## Person-centred planning

Our skilled and experienced teams work with every person we support to create a personalised, outcome-focused plan to achieve their aspirations.

Within a culture of trust, transparency, respect and inclusivity, residents are offered one to one sessions to review progress, voice their opinions and shape the support they receive.



## Maximising independence

We explore how technology and active support can enhance everyday life.



## Financial support

We provide guidance on budgeting, managing utility bills and making informed financial decisions.



## Robust risk and support plans

Working in close partnership with multi-disciplinary teams and multi-agency public protection arrangements, we create and oversee robust risk and support plans using community-based legal and policy frameworks to ensure the safety of both residents and the wider public.

We focus heavily on positive risk taking and sharing, monitoring and mitigation to provide the MDT and commissioners with a credible 'least restrictive' alternative to detention in hospital.



## Community inclusion

We help individuals build connections, participate in meaningful activities and contribute to their community.

## Meet our team

Our Support Workers, led by a CQC Registered Manager, are dedicated and experienced in delivering person-centred and outcome-focused care. They exercise compassion and empathy when working with people who may have a forensic history.

Skilled in managing behaviours of concern and risks through a comprehensive and bespoke forensic learning disability training program, our team deliver better outcomes for residents, including reducing the risk of admission or readmission to secure services.

The health and wellbeing of individuals at the service is monitored and overseen by a Learning Disability Nurse who brings clinical perspective to the support planning process. This encourages residents to adopt healthy lifestyles while promoting and facilitating access to mainstream healthcare services.





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## Make a referral

Interested in making a referral or seeing our services in action? Our Business Development Team are here to help.

Get in touch at  
[businessdevelopment@afgroup.org.uk](mailto:businessdevelopment@afgroup.org.uk)  
to learn more.

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