

Naylorsfield and Hartsbourne

Transforming care at
our adult care home

Naylorsfield & Hartsbourne: Our Adult Care Home



Naylorsfield and Hartsbourne is a highly specialist and innovative residential care service operated by Alternative Futures Group in partnership with Liverpool City Council.

It consists of two, four bedroom, level-access bungalows with wet rooms, offering eight placements for adult males with learning disabilities and/or autism who have found themselves (or are at risk of finding themselves) in conflict with the criminal justice system.

Located in a pleasant residential suburb of Liverpool with good access to community resources and transport links, the scheme bridges the gap between supported living and hospital. It offers a 'least restrictive' alternative for people who are presenting with behaviours that put their inclusion the community at risk, and facilitates the discharge of those waiting to leave hospital but who may not yet be ready to take on the responsibility of a tenancy agreement.





The environment



Both bungalows are spacious and pleasantly furnished, with access to a spacious wet room and/or a bath.

Residents can choose to eat in the main dining room or in the kitchen diner. For relaxation, there is the choice of retreating to one of two lounges, or relaxing in the pleasant garden - residents can enjoy the privacy of the enclosed back garden or make use of the large communal front garden.

The bungalows are indistinguishable from neighbouring ordinary housing.

The specification is extremely high, however the feel of the building remains very homely, demonstrating the degree of thought and care that has gone into the design.

An innovative approach

In keeping with the objectives of the NHS Long Term Plan, Naylorsfield and Hartsbourne delivers personalised care in the community that is closer to home and reduces preventable admissions to inpatient services.

It offers an enhanced level of accommodation and support that includes 24 hour dedicated 1:1 support, from a team skilled in meeting the needs of individuals with complex behaviours and risk profiles, with input from Registered Learning Disabilities Nurses.

The unique residential service, developed in collaboration with Liverpool City Council, excels at delivering specialist support and accommodation to a cohort who - because of their risk profiles or histories - are among the most challenging to place.

The service is a crucial component of the local discharge care pathway and supports NHS Cheshire and Merseyside ICB in its effort to achieve its NHS England target inpatient figure.

“For some individuals with learning disabilities and/or autism who are ready to leave hospital, a move straight into a supported living is a step too far too soon.

It’s disappointing to see that so many people with learning disabilities are still residing in inpatient settings longer than necessary, simply because right kind of specialist services in the community have not been developed.”



A key feature that distinguished Naylor'sfield and Hartsbourne from other options is its high ratio of highly trained staff, which includes a Learning Disability Nurse.

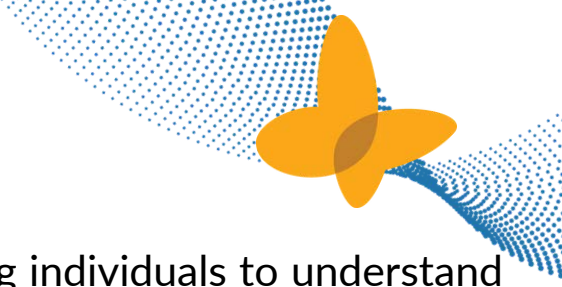
By recruiting people with excellent self-awareness, great patience and highly developed, flexible communication skills, AFG has ensured that a person centred approach, unconditional positive regard and sensitive human interaction underpin the work of our staff team.

Compared to the general population, people with learning disabilities suffer disproportionately more from physical and mental health conditions.

The health and wellbeing of individuals at the service is monitored and overseen by a Learning Disability Nurse who brings clinical perspective to the support planning process. Part of their role is to oversee the encouragement of healthy lifestyles and to promote and facilitate access to mainstream healthcare services.



Our support model



Naylorsfield and Hartsbourne focuses on supporting individuals to understand and manage their own offending behaviours. In circumstances when a person is unable to regulate themselves, the service works in partnership with the wider multi-disciplinary team (MDT), including Multi-agency public protection arrangements (MAPPA) to devise, implement and monitor risk and support plans that utilise the range of community based legislative and policy frameworks available to keep the person and others safe.

Once individuals embark on the 'offender pathway', their journey through services becomes highly complicated, very expensive and more often than not, very long-term.

By providing a qualified specialist staff team that are skilled at managing behaviours of concern and risks, Naylorsfield and Hartsbourne is able to deliver better outcomes for this cohort that includes reducing the risk of admission or readmission to secure services. The scheme focuses heavily on positive risk-taking and sharing, monitoring and mitigation, and provides the MDT and commissioners with a credible 'least restrictive' alternative to detention in hospital.

The service uses Positive Behaviour Support (PBS) and Applied Behaviour Analysis (ABA) to provide a holistic and person-centred approach that seeks to find the cause and function of behaviour that challenges services. They work in partnership with support staff to design a range of interventions, including proactive and reactive responses, teaching skills and lifestyle changes.

Testimonials

"I have been supported to go to college which makes me feel really happy and focused."

"It's a nice place to live. I go out every day. I like to control my money and decide what I want to do with it."

"I like being able to go out every day. I get to choose where I want to go and what I want to do. I like the staff."

Our support model



In addition to mandatory training, staff at Naylorfield and Hartsbourne benefit from a comprehensive and bespoke Forensic Learning Disability training program, which equips them with the skills and values necessary to work in this specialist field.

Post-incident analysis sometimes demonstrates that when a service user in the community with an offending history suffers a placement breakdown, prompting what Lord Bradley described as the 'revolving door' phenomena, the root cause can all too often be traced back to a failure within the staff team.

The consequences of placement breakdown for those already on the 'offender pathway' are particularly severe and often catastrophic for everyone involved, especially the service user. Incorporated into the Naylorfield and Hartsbourne model is a recognition of this significant risk; steps to mitigate it include the provision of a highly trained staff team, a Registered Learning Disability Nurse, and to be structurally flexible enough to respond quickly to a developing crisis.






Key contacts



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